

At a Glance...

- Know your way around campus
- Use locks
- Never walk alone after dark
- Know where emergency systems are located on campus
- Carry a whistle, pepper spray or personal alarm
- Take a self-defense class
- Take advantage of campus escort services
- Be aware of your social media settings
- Avoid drinking too much
- Always have emergency contacts in your phone

IF THE UNTHINKABLE HAPPENS

If you become a victim of on campus violence, whether burglary or sexual assault, do the following:

1. Call the Police
2. Make a list of stolen property if a burglary
3. Get medical attention in the case of an assault or sexual violence
4. Notify your college or university
5. Seek counseling



**GFWC/California
Federated Women's Clubs
Domestic & Sexual Violence
Awareness & Prevention**

GFWC/CFWC

2022 - 2024

SIGNATURE PROGRAM

College Campus Safety

Learn the ins & outs of your campus and what to do to protect yourself:

In your dorm

When socializing

On campus

In your car



COLLEGE

Be Smart. Be Safe.

The beginning of the school year is an exciting time for college students as they begin to establish themselves as independent adults.

Unfortunately, it can be one of the most dangerous times for women. It marks the start of the "Red Zone"—from the first day on campus until Thanksgiving Break—when the risk of sexual assault is highest.

More than 50% of college sexual assaults take place between August and December, often to those new to campus life.

That's why it is vital to equip yourself with the knowledge and resources to make your campus experience safe.

Always be aware that you are a potential victim of crime. Be smart, stay alert and trust your instincts.

In Your Dorm

- Keep your door locked. It may seem inconvenient at first, but it's a good habit to maintain.
- If you have first or second-story windows, don't forget to lock them.
- Never loan your keys or student ID/key card to anyone.
- Don't leave your ID, wallets, checkbooks, cash or valuables in open view.
- Always have emergency contacts on your phone and know how to quickly access them.



When Socializing

- Use the buddy system. If you're heading to a party or bar, take a friend with you and agree to stay together. Watch out for each other and make sure you both get back to your rooms safely.
- Make/pour your own drink or watch it being prepared.
- Don't leave your drink unattended.
- Don't drink too much!

On Campus

- Know your campus! Learn where the emergency systems and call buttons are located.
- Never walk alone at night. Use the buddy system.
- Take advantage of campus escort services, especially at night.
- Always carry a whistle and pepper spray, and be prepared to use them!
- Don't wear earbuds or headphones when walking alone.
- Maintain situational awareness and stay alert to your surroundings at all times.

In Your Car

- If you have a car on campus or drive to school, park in well-lit areas near entrances whenever possible.
- Check around and inside your care before approaching or getting inside.
- Have your keys ready—don't be fumbling to locate your keys,
- Once inside, lock the doors.

