

## **Epsilon Sigma Omicron Reading List**

2022-2024 ESO Reading List for GFWC's Reading Groups

The following is the **suggested national ESO reading list**. If your state compiles its own reading list, you should first consult it. The books are divided into 34 subject categories. The list is updated based on selected best sellers lists, American Library Association lists, Pulitzer and other prize lists, and GFWC related topics. State Education & Libraries Community Service Program chairmen may adapt, alter, and/or update this list as desired. Books may also be read for ESO categories which are not on the list as this list is not exhaustive.

- American History
- o The Arts
- o Biography and Memoir
- o Business and Finance
- Conservation and Ecology
- o Drama
- o Education
- o Fiction, Classic
- o Fiction, General
- o Fiction, Historical
- o Fiction, Mystery/Thriller
- Fiction, Romance
- o Fiction, Science Fiction/Fantasy
- Health and Medicine
- o Home and Garden
- International Authors
- Parenting and Families

- Poetry
- Reading to/with Children Picture Books and Story Books
- Reading to/with Children Chapter Books and Books for Youth
- o Religion and Inspirational
- o Science
- Social Science
- o Sports and Recreation
- o STEM/STEAM books for adults
- STEM/STEAM books for children
- Travel and Geography
- Volunteerism
- Women's Studies
- World History
- o Authors from your State
- o Books About or Taking Place in your State

The book lists that follow are based on the all-time best books as of January 2022 and the source is noted.

## AMERICAN HISTORY - https://historyhustle.com

- 1. A People's History of the United States (1980) by Howard Zinn
- 2. 1776 (2005) by David McCullough
- 3. Empire of the Summer Moon (2010) by S. C. Gwynne
- 4. Founding Brothers: The Revolutionary Generation (2000) by Joseph J. Ellis
- 5. Team of Rivals: The Political Genius of Abraham Lincoln (2005) by Doris Kearns Goodwin
- 6. No Ordinary Time: Franklin and Eleanor Roosevelt: The Home Front in World War II (1994) by Doris Kearns
  - Goodwin
- 7. Stamped from the Beginning: The Definitive History of Racist Ideas in America (2016) by Ibram X. Kendi
- 8. The Warmth of Other Suns: The Epic Story of America's Great Migration (2010) by Isabel Wilkerson
- 9. Battle Cry of Freedom: The Civil War Era (1988) by James M. McPherson
- 10. Bury My Heart at Wounded Knee: An Indian History of the American West (1970) by Dee Brown
- 11. The Bully Pulpit: Theodore Roosevelt, William Howard Taft, and the Golden Age of Journalism (2013) by Doris Kearns Goodwin
- 12. Narrative of the Life of Frederick Douglass (1845) by Frederick Douglass
- 13. The Guns of August (1962) by Barbara W. Tuchman
- 14. 1491: New Revelations of the Americas Before Columbus (2005) by Charles C. Mann
- 15. Undaunted Courage: Meriwether Lewis, Thomas Jefferson, and the Opening of the American West (1996) by Stephen Ambrose
- 16. John Adams (2001) by David McCullough
- 17. Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President (2011) by Candice Millard
- 18. Blood and Thunder: The Epic Story of Kit Carson and the Conquest of the American West (2006) by Hampton Sides
- 19. Truman (1992) by David McCullough
- 20. Mayflower: Voyage, Community, War (2006) by Nathaniel Philbrick

### **THE ARTS** - https://bookauthority.org

- 1. You Are an Artist: Assignments to Spark Creation (2020) by Sarah Urist Green
- 2. Ninth Street Women: Lee Krasner, Elaine de Kooning, Grace Hartigan, Joan Mitchell, and Helen Frankenthaler: Five Painters and the Movement That Changed Modern Art (2018) by Mary Gabriel
- 3. What Really Makes America Great (2018) by Creative Action Network
- 4. Art That Changed the World (2013) by DK
- 5. Drag: Combing Through the Big Wigs of Show Business (2019) by Frank Decaro
- 6. Design as Art (2019) by Bruno Munari
- 7. Matisse (2019) by Volkmar Essers
- 8. The Little Book of Dior (Little Books of Fashion, 5) (2020) by Karen Homer
- 9. Blitt (2017) by Barry Blitt
- 10. Creating Stylized Characters (2018) by 3dtotal Publishing
- 11. Poster Art of the Disney Parks (A Disney Parks Souvenir Book) (2012) by Daniel Handke and Vanessa Hunt
- 12. Logo Modernism (2015) by Jens Müller
- 13. Vintage Tattoo Flash: 100 Years of Traditional Tattoos from the Collection of Jonathan Shaw (2016) by Jonathan Shaw
- 14. Notebook Doodles Go Girl!: Coloring & Activity Book (2015) by Jess Volinski
- 15. The Art of Mondo (2017) by Mondo
- 16. Diego Rivera. The Complete Murals (2018) by Luis-Martín Lozano
- 17. Lessons in Classical Painting-Essential Techniques from Inside the Atelier (2016) by Juliette Aristides
- 18. Disrupted Realism: Paintings for a Distracted World (2019) by John Seed
- 19. The Art of Moana (2016) by Jessica Julius and Maggie Malone
- 20. Morgan Howell at 45 RPM (2021) by Morgan Howell

## **BIOGRAPHY AND MEMOIR - https://bookauthority.org**

- 1. The Education of an Idealist: A Memoir (2019) by Samantha Power
- 2. The Book of Gutsy Women: Favorite Stories of Courage and Resilience (2019) by Hillary Rodham Clinton and Chelsea Clinton
- 3. Know My Name: A Memoir (2019) by Chanel Miller
- 4. Finding Chika: A Little Girl, an Earthquake, and the Making of a Family (2019) By Mitch Albom
- 5. Open Book (2020) by Jessica Simpson
- 6. The Yellow House: A Memoir (2019) by Sarah M. Broom
- 7. Let Love Have the Last Word: A Memoir (2021) by Common
- 8. After Life: My Journey from Incarceration to Freedom (2019) by Alice Marie Johnson
- 9. Voice Lessons: How a Couple of Ninja Turtles, Pinky, and an Animaniac Saved My Life (2019) by Rob Paulsen
- 10. The Chiffon Trenches: A Memoir (2020) by André Leon Talley
- 11. Working (2019) by Robert A. Caro
- 12. Hyperbole and a Half: Unfortunate Situations, Flawed Coping Mechanisms, Mayhem, and Other Things That Happened (2013) by Allie Brosh
- 13. Once More We Saw Stars: A Memoir (2019) by Jayson Greene
- 14. The Rural Diaries: Love, Livestock, and Big Life Lessons Down on Mischief Farm (2020) by Hilarie Burton
- 15. Home Work: A Memoir of My Hollywood Years (2019) By Julie Andrews and Emma Walton
- 16. Life Stories and Lessons from the Say Hey Kid (2020) by Willie Mays, John Shea, Bob Costas
- 17. Dead People Suck: A Guide for Survivors of the Newly Departed (2018) by Laurie Kilmartin
- 18. Life's Work- A Moral Argument for Choice (2017) by Dr. Willie Parker
- 19. What to Do When I'm Gone: A Mother's Wisdom to Her Daughter (2018) by Suzy Hopkins
- 20. Natural Disaster I Cover Them. I am One (2017) by Ginger Ze

### **BUSINESS AND FINANCE - https://bookauthority.org**

- 1. Red Notice: A True Story of High Finance, Murder, and One Man's Fight for Justice (2015) by Bill Browder
- 2. The Man Who Solved the Market How Jim Simons Launched the Quant Revolution (2019) by Gregory Zuckerman
- 3. A Random Walk Down Wall Street The Time-Tested Strategy for Successful Investing (2020) by Burton G. Malkiel
- 4. Profit First Transform Your Business from a Cash-Eating Monster to a Money-Making Machine (2017) by Mike Michalowicz
- 5. Capital in the Twenty First Century (2014) by Thomas Piketty
- 6. Reminiscences of a Stock Operator (1994 Edition) by Edwin Lefevre
- 7. The Most Important Thing: Uncommon Sense for the Thoughtful Investor (2011) by Howard Marks
- 8. The Little Book of Investing Like the Pros: Five Steps for Picking Stocks (2020) by Joshua Pearl
- 9. In Pursuit of Wealth: The Moral Case for Finance (2017) by Yaron Brook
- 10. Get Backed: Craft Your Story, Build the Perfect Pitch Deck, and Launch the Venture of Your Dreams (2015) by Evan Baehr
- 11. A Practical Guide to Personal Finance: Budget, Invest, Spend (2019) by Michael Taillard
- 12. Fundamentals of Financial Management 15th Edition (2019) by Eugene F. Brigham and Joel F. Houston
- 13. Finessin' Finances: The refreshingly entertaining guide to personal finances (2019) by Stefon Walters
- 14. A World In Debt (1936) by Freeman Tilden
- 15. Fundamentals of Financial Management 10th Edition (2019) by Eugene F. Brigham and Joel F. Houston
- 16. Dual Momentum Investing: An Innovative Strategy for Higher Returns with Lower Risk 1st Edition (2014) by Gary Antonacci
- 17. Investment Real Estate: Finance and Asset Management (2013) by Fred Prassas
- 18. Family Inc.: Using Business Principles to Maximize Your Family's Wealth (2016) by Douglas P. McCormick
- 19. Rich Dad Poor Dad: What the Rich Teach Their Kids About Money That the Poor and Middle Class Do Not! (2017) by Robert T. Kiyosaki

gfwc.org

20. Faith Over Finance (2020) by Asaad Faraj

ESO Reading List 2022-2024

### **CONSERVATION AND ECOLOGY - https://bookauthority.org**

- 1. The Nature of Nature Why We Need the Wild (2020) by Enric Sala
- 2. Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard (2020) by Douglas W. Tallamy
- 3. Conservation Psychology: Understanding and Promoting Human Care for Nature (2015) by Gene Myers Susan Clayton
- 4. The Conservation Revolution (LBE): Radical Ideas for Saving Nature Beyond the Anthropocene (2020) by Bram Buscher and Robert Fletcher
- 5. Strange Natures: Conservation in the Era of Synthetic Biology (2021) by Kent H. Redford
- 6. Conservation Science: Balancing the Needs of People and Nature Second Edition (2017) by Peter Kareiva (Author), Michelle Marvier
- 7. National Parks from North to South: An Entangled History of Conservation and Colonization in Argentina (2021) by Olaf Kaltmeier
- 8. Nature's Burdens: Conservation and American Politics, The Reagan Era to the Present (2017) by Daniel Nelson
- 9. Urban Nature Conservation: Landscape Management in the Urban Countryside 1st Edition (2017) by Stephen Forbes
- 10. Nature Conservation in Southern Africa (African Dynamics) (2018) by Jan-Bart Gewald
- 11. Narrating Nature: Wildlife Conservation and Maasai Ways of Knowing (2020) by Mara Jill Goldman
- 12. Red Panda: Biology and Conservation of the First Panda 2nd Edition (2021) by Angela R. Glatston
- 13. Nationalizing Nature: Iguazu Falls and National Parks at the Brazil-Argentina Border (2021) by Frederico Freitas
- 14. Nature's Matrix: Linking Agriculture, Biodiversity Conservation and Food Sovereignty 2nd Edition (2019) by Ivette Perfecto, John Vandermeer, Angus Wright
- 15. Conservation Biology: Foundations, Concepts, Applications (2020) by Fred Van Dyke and Rachel L. Lamb
- 16. Power in Conservation (2020) by Carol Carpenter
- 17. The Nature of German Imperialism: Conservation and the Politics of Wildlife in Colonial East Africa (2016) by Bernhard Gissibl
- 18. Cultivating Nature: The Conservation of a Valencian Working Landscape (2018) by Sarah R. Hamilton
- 19. Connection to Nature, Deep Ecology, and Conservation Social Science: Human-Nature Bonding and Protecting the Natural World (2020) by Christian Diehm
- 20. Wildlife in the Anthropocene: Conservation after Nature (2015) by Jamie Lorimer

## **DRAMA -** https://vocal.media/geeks/my-top-10-most-dramatic-novels-of-all-time and https://www.adazing.com/best-drama-books/

- 1. Anna Karenina (1878) by Leo Tolstov
- 2. Absalom, Absalom! (1936) by William Faulkner
- 3. The Vampire (1985) Lestat by Anne Rice
- 4. The Story of a Shipwrecked Sailor (1955) by Gabriel Garcia Marquez
- 5. The Red and the Black (1830) by Stendhal
- 6. The Sailor Who Fell From Grace With the Sea (1963) by Yukio Mishima
- 7. Therese Raquin (1867) by Emile Zola
- 8. Les Miserables (1862) by Victor Hugo
- 9. Jane Eyre (1847) by Charlotte Bronte
- 10. Frankenstein (1818) by Mary Shelley
- 11. Then She Was Gone (2018) by Lisa Jewell
- 12. Before We Were Yours (2019) by Lisa Wingate
- 13. Where the Crawdads Sing (2021) by Delia Owens
- 14. The Silent Wife (2018) by Kerry Fisher
- 15. Small Great Things (2018) by Jodi Picoult
- 16. Another Love (2016) by Amanda Prowse
- 17. Click (2019) by Kayla Miller
- 18. Twelve Patients: Life and Death at Bellevue Hospital (2013) by Eric Manheimer
- 19. My Brother's Bad Best Friend (2018) by B.B. Hamel
- 20. That Christmas Eve: A Brother's Bestfriend Baby Romance (2018) by Mia Ford

### **EDUCATION** - https://bookauthority.org

- 1. Invaluable: Master the 10 Skills You Need to Skyrocket Your Career (2020) by Maya Grossman
- 2. The Privileged Poor: How Elite Colleges Are Failing Disadvantaged Students (2019) by Anthony Abraham Jack
- 3. Learner-Centered Leadership: A Blueprint for Transformational Change in Learning Communities (2020) by Devin Vodicka
- 4. Thrive Through the Five: Practical Truths to Powerfully Lead through Challenging Times (2020) by Jill Siler
- 5. Culturize: Every Student. Every Day. Whatever It Takes. (2017) by Jimmy Casas
- 6. National Geographic Kids United States Atlas (2017) by National Geographic Kids
- 7. The School of Life: An Emotional Education (2019) by The School of Life (Author), Alain de Botton
- 8. Learning Transformed: 8 Keys to Designing Tomorrow's Schools, Today 1st Edition (2917) by Eric C. Sheninger and Thomas C. Murray
- 9. Take Control of the Noisy Class: Chaos to Calm in 15 Seconds (2017) by Rob Plevin
- 10. Career Choices Post-MBBS: An Inititive To Mentor Medicos For Their Ultimate Dream Career (2018) by Dr. NITIN GAUR IAS
- 11. The Eq Intervention: Shaping a Self-aware Generation Through Social and Emotional Learning (2020) by Adam Saenz
- 12. Teaching from Rest: A Homeschooler's Guide to Unshakable Peace Perfect (2015) by Sarah Mackenzie
- 13. Introducing Sociology: Introduction to Sociology. Theories, Effects and Causes that Individuals and Social Groups Experience in Social Dynamics. (2019) by Paul H. Ciccarelli
- 14. Unconscious Bias in Schools: A Developmental Approach to Exploring Race and Racism (2019) by Tracey A. Benson and Sarah E. Fiarman
- 15. Learning Together With Young Children: A Curriculum Framework For Reflective Teachers 2nd Edition (2017) by Margie Carter
- 16. How Humans Learn: The Science and Stories behind Effective College Teaching (Teaching and Learning in Higher Education) 1st Edition (2018) by Joshua R. Eyler
- 17. Whole Brain Teaching: 122 Amazing Games!: Challenging kids, classroom management, writing, reading, math, Common Core/State tests (2015) by Chris Biffle
- 18. Rewiring Education: How Technology Can Unlock Every Student's Potential (2018) by John D. Couch
- 19. Most Likely to Succeed: Preparing Our Kids for the Innovation Era (2015) by Tony Wagner and Ted Dintersmith
- 20. Best Practices in Co-teaching & Collaboration: The HOW of Co-teaching Implementing the Models (2018) by Susan Gingras Fitzell M.Ed.

### FICTION, CLASSIC - https://www.penguin.co.uk

- 1. Pride and Prejudice (1813) by Jane Austen
- 2. To Kill a Mockingbird (1960) by Harper Lee
- 3. The Great Gatsby (1925) by F. Scott Fitzgerald
- 4. One Hundred Years of Solitude (1967) by Gabriel García Márquez
- 5. In Cold Blood (1965) by Truman Capote
- 6. Wide Sargasso Sea (1966) by Jean Rhys
- 7. Brave New World (1932) by Aldous Huxley
- 8. I Capture The Castle (1948) by Dodie Smith
- 9. Jane Eyre (1847) by Charlotte Bronte
- 10. Crime and Punishment (1866) by Fyodor Dostoevsky
- 11. The Secret History (1992) by Donna Tartt
- 12. The Call of the Wild (1903) by Jack London
- 13. The Chrysalids (1955) by John Wyndham
- 14. Persuasion (1818) by Jane Austen
- 15. Moby-Dick (1851) by Herman Melville
- 16. The Lion, the Witch and the Wardrobe (1950) by C.S. Lewis
- 17. To the Lighthouse (1927) by Virginia Woolf
- 18. The Death of the Heart (1938) by Elizabeth Bowen
- 19. Tess of the d'Urbervilles (1891) by Thomas Hardy
- 20. Frankenstein (1823) by Mary Shelley

## FICTION, GENERAL- https://websitefinder.wordpress.com https://thegreatestbooks.org

- 1. Lila (2014) by Marilynne Robinson
- 2. Colorless Tsukuru Tazaki and His Years of Pilgrimage (2013) by Haruki Murakami
- 3. An Untamed State (2014) of Roxie Gay
- 4. A Girl Is Half-Formed Thing (2013) by Eimear McBride
- 5. Those Who Leave and Those Who Stay (2013) by Elena Ferrante
- 6. Dept. of Speculation (2014) by Jenny Offill
- 7. Fourth of July Creek (2014) by Smith Henderson
- 8. Wolf in the White Van (2015) by John Darnielle
- 9. The Book of Unknown Americans (2014) by Christina Henriquez
- 10. Everything I Never Told You (2015) by Celeste Ng
- 11. All My Puny Sorrows (2014) by Miriam Toews
- 12. My Struggle Book Three: Boyhood (2014) by Karl Ove Knausgård
- 13. An Unnecessary Woman (2014) by Rabih Alameddine
- 14. 10:04 (2014) by Ben Lerner
- 15. All Our Names (2014) by Dinaw Mengestu
- 16. The Blazing World (2014) by Siri Hustvedt
- 17. The Fever (2014) by Megan Abbott
- 18. How to Be Both (2015) by Ali Smith
- 19. The Children Act (2015) by Ian McEwan
- 20. Family Life (2014) by Akhil Sharma

## FICTION HISTORICAL - https://www.rd.com

- 1. Homegoing (2016) by Yaa Gyasi
- 2. The Four Winds (2021) by Kristin Hannah
- 3. My Name Is Red (1998) by Orhan Pamuk
- 4. War Trash (2004) by Ha Jin
- 5. Property (2003) by Valerie Martin
- 6. The View from Castle Rock (2006) by Alice Munro
- 7. Ragtime (1975) by E.L. Doctorow
- 8. A Lesson Before Dying (1993) by Ernest J. Gaines
- 9. Half of a Yellow Sun (2006) by Chimamanda Ngozi Adichie
- 10. Yours Cheerfully (2021) by AJ Pearce
- 11. Thebes at War (1944) by Naguib Mahfouz
- 12. Joseph and His Brothers (1933) by Thomas Mann
- 13. The Underground Railroad (2016) by Colson Whitehead
- 14. All the Light We Cannot See (2014) by Anthony Doerr
- 15. Wolf Hall (2009) by Hilary Mantel
- 16. Kindred (1979) by Octavia E. Butler
- 17. The Book Thief (2005) by Markus Zusak
- 18. The Second Life of Mirielle West (2021) by Amanda Skenandore
- 19. The Red Tent (1997) by Anita Diamant
- 20. I, Claudius (1934) by Robert Graves

## FICTION, Mystery/Thriller - https://reedsy.com

- 1. And Then There Were None (2009) by Agatha Christie
- 2. The Big Sleep (1988) by Raymond Chandler
- 3. Gone Girl (2014) by Gillian Flynn
- 4. The Postman Always Rings Twice (1989) by James M. Cain
- 5. In Cold Blood (1994) by Truman Capote
- 6. Woman in White (2008) by Wilkie Collins
- 7. Anatomy of a Murder (1983) by Robert Traver
- 8. Tinker, Tailor, Soldier, Spy (2011) by John le Carré
- 9. The Da Vinci Code (2009) by Dan Brown
- 10. The Girl with the Dragon Tattoo (2011) by Stieg Larsson
- 11. The Daughter of Time (1995) by Josephine Tey
- 12. Rebecca (2006) by Daphne du Maurier
- 13. The Maltese Falcon (1992) by Dashiell Hammett
- 14. The Day of the Jackal (2012) by Frederick Forsyth
- 15. Big Little Lies (2015) by Liane Moriarty
- 16. In the Woods (2007) by Tana French
- 17. The Silence of the Lambs (1988) by Thomas Harris
- 18. The Hound of the Baskervilles (1902) by Sir Arthur Conan Doyle
- 19. The Moonstone (1999) by Wilkie Collins
- 20. The Girl on the Train (2016) by Paula Hawkins

## FICTION, Science Fiction - https://www.penguinrandomhouse.com

- 1. 1984 by George Orwell
- 2. Altered Carbon (Netflix Series Tie-in Edition) by Richard K. Morgan
- 3. Amatka by Karin Tidbeck
- 4. Ammonite by Nicola Griffith
- 5. The Best of All Possible Worlds by Karen Lord
- 6. The Big Book of Science Fiction by Jeff VanderMeer
- 7. The Blazing World and Other Writings by Margaret Cavendish
- 8. A Canticle for Leibowitz by Walter Miller
- 9. The Children of Men (2006) by P. D. James
- 10. The City & The City (2010) by China Miéville
- 11. Darwin's Radio (2000) by Greg Bear
- 12. Dhalgren (2001) by Samuel R. Delany
- 13. Do Androids Dream of Electric Sheep? (1996) by Philip K. Dick
- 14. Doomsday Book (1993) by Connie Willis
- 15. Downbelow Station (2008) by C. J. Cherryh
- 16. Dragonflight (2005) by Anne McCaffrey
- 17. Dune (2019) by Frank Herbert
- 18. Dust (2007) by Elizabeth Bear
- 19. The Fold (2016) by Peter Clines
- 20. Frankenstein (2013) by Mary Shelley

## **HEALTH AND MEDICINE - https://bookauthority.org/**

- 1. The Heartland Finding and Losing Schizophrenia (2019) by Nathan Filer
- 2. Move Your DNA Restore Your Health Through Natural Movement, 2nd Edition (2017) by Katy Bowman
- 3. The Dental Diet The Surprising Link between Your Teeth, Real Food, and Life-Changing Natural Health (2018) Steven Lin
- 4. Bedlam An Intimate Journey Into America's Mental Health Crisis (2019) by Kenneth Paul Rosenberg
- 5. The First Cell And the Human Costs of Pursuing Cancer to the Last (2020) by Azra Raza
- 6. VRx How Virtual Therapeutics Will Revolutionize Medicine (2020) by Brennan Spiegel
- 7. HealthConsuming From Health Consumer to Health Citizen (2019) by Jane Sarasohn-Kahn, Karl Mooney
- 8. Nancy Caroline Emergency Care in Streets 8e Essentials Volume 1 & Volume 2 8th Edition (2017) American Academy of Orthopaedic Surgeons (AAOS), Nancy L. Caroline
- 9. Health Assessment in Nursing (2017) Janet R. Weber RN EdD, Jane H. Kelley RN PhD
- Hartman's Nursing Assistant Care Long-Term Care, 4e (2017) Susan Alvare Hedman, Jetta Fuzy, Suzanne Rymer
- 11. Eat Dirt Why Leaky Gut May Be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure It (2016) by Dr. Josh Axe
- 12. Plagues and the Paradox of Progress Why the World Is Getting Healthier in Worrisome Ways (2018) by Thomas J. Bollyky
- 13. Environmedics: The Impact of Climate Change on Human Health Hardcover (2017) by Jay Lemery and Paul Auerbach
- 14. Your Pelvic Health Book A Guide to Pelvic Floor Awareness, Bladder Health, Bowel Health, Sexual Health, and Changes throughout Your Lifetime for ... Uterus (2019) Jen Torborg
- 15. Better A Surgeon's Notes on Performance (2008) by Atul Gawande
- 16. Hallucinations (2013) Oliver Sacks
- 17. Holly Clegg's Trim & TERRIFIC Guy's Guide to Eating Well A Man's Cookbook for Health and Wellness (2018) by Holly Clegg and Dr. Curtis Chastain
- 18. Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care (2015) by Gilbert Welch
- 19. Thirty Rules for Healthcare Leaders Illustrated by Gina Kim (2019) by Sanjay Saint, Vineet Chopra
- 20. Sparks & Taylor's Nursing Diagnosis Pocket Guide Third Edition (2017) by Linda Phelps DNP RN

## **GARDEN** – https://www.amazon.com/Best-Sellers-Books-Gardening-Horticulture-Reference/zgbs/books/5301

- 1. The 2022 Old Farmer's Almanac Gardening (2022) by Old Farmer's Almanac
- 2. 40 Projects for Building Your Backyard Homestead (2013) by David Toht
- 3. Mini Farming: Self-Sufficiency on 1/4 Acre (2010) by Brett L. Markham
- 4. The Green Witch's Garden: Your Complete Guide (2021) by Arin Murphy-Hiscock
- 5. How Not to Kill Your Houseplant: Survival Tips (2017) by Veronica Peerless
- 6. The Encyclopedia of Country Living, 50th Anniversary Edition (2019) by Carla Emery
- 7. Floriography: An Illustrated Guide to the Victorian Language of Flowers (2020) by Jessica Roux
- 8. The Drunken Botanist (2013) by Amy Stewart
- 9. The Triumph of Seeds: How Grains, Nuts,... (2015) by Thor Hanson
- 10. The Vegetable Gardener's Bible, 2nd Edition (2009) by Edward C. Smith
- 11. Mycelium Running: How Mushrooms Can Help Save the World (2005) by Paul Stamets
- 12. Houseplants for Beginners: A Practical Guide (2021) by Rebecca De La Paz
- 13. How to Houseplant: A Beginner's Guide (2019) by Heather Rodino
- 14. The Old Farmer's Almanac Vegetable Gardener's Handbook (2019) by Old Farmer's Almanac
- 15. Marijuana Horticulture: The Indoor/Outdoor Medical Grower's Bible (2006) by Jorge Cervantes
- 16. The Complete Gardener: A Practical, Imaginative Guide (2021) by Monty Don
- 17. Vegetable Gardening for Beginners: A Simple Guide (2020) by Jill McSheehy
- 18. Storey's Basic Country Skills: A Practical to Self-Reliance (1999) by John Storey
- 19. Edible Wild Plants for Beginners (2013) by Althea Press
- 20. The Week-by-Week Vegetable Gardener's Handbook (2011) by Jennifer Kujawski

## HOME - https://bookauthority.org/books/best-interior-design-books

- 1. Suzanne Kasler Sophisticated Simplicity (2018) by Suzanne Kasler and Judith Nasitir
- 2. Beautiful All-American Decorating and Timeless Style (2016) by Mark D. Sikes, Amy Neunsinger, Nancy Meyers
- 3. Rockett St George Extraordinary Interiors: Show-stopping looks for unique interiors (2017) by Jane Rockett & Lucy St George
- 4. Bold British Design Creating a Fearless, Modern Living Space (2020) by Emilio Pimentel-Reid, Sarah Hogan
- 5. Dream Design Live (2018) by Paloma Contreras
- 6. Collected Past + Present, Volume No 2 (2020) by Sarah Richardson
- 7. The Anatomy of Color The Story of Heritage Paints & Pigments (2017) by Patrick Baty
- 8. Bloom Wild A free-spirited guide to decorating with floral patterns (2020) by Bari J. Ackerman
- 9. Interior Design Coloring Book An Adult Coloring Book with Inspirational Home Designs, Fun Room Ideas, and Beautifully Decorated Houses for Relaxation (2020) by Jade Summer
- 10. Katie Ridder More Rooms (2020) by Jorge Arango, Eric Piasecki, Dominique Browning
- 11. Expressive Interiors Designing An Inviting Home (2020) by Sandra Lucas, Sarah Eilers, Lucas/Eilers Design Associates, Stephen Karlisch
- 12. The Rebirth of an English Country House St Giles House (2018) by The Earl of Shaftesbury, Tim Knox, Justin Barton, Jenny Chesher
- 13. The New Glamour Interiors with Star Quality (2019) by Jeff Andrews, Kaley Cuoco
- 14. A Frame for Life The Designs of StudioIlse (2014) by Ilse Crawford, Edwin Heathcote
- 15. Making Rooms Your Own Lessons from Interior Designers (2019) by Editors of New York Social Diary, Sian Ballen, Lesley Hauge, Jeff Hirsch
- 16. Interiors Inside the American Home (2018) by Hannah Jenkins, Marc Kristal
- 17. The Joy of Decorating Southern Style with Mrs. Howard (2012) by Phoebe Howard
- 18. Living in Style Amsterdam (2017) by MENDO
- 19. Scandinavia Dreaming Nordic Homes, Interiors and Design (2016) by Angel Trinidad, o
- 20. Manual of Section (2016) by Paul Lewis, Marc Tsurumaki, David J. Lewis

## PARENTING AND FAMILIES - https://bookauthority.org

- 1. If I Have to Tell You One More Time... The Revolutionary Program That Gets Your Kids To Listen Without Nagging, Reminding, or Yelling (2011) by Amy McCready
- The Whole-Brain Child 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (2012) by Daniel J. Siegel, Tina Payne Bryson
- 3. How to Talk So Kids Will Listen & Listen So Kids Will Talk (2012) by Adele Faber, Elaine Mazlish
- 4. Raising Good Humans A Mindful Guide to Breaking the Cycle of Reactive Parenting and Raising Kind, Confident Kids (2019) by Hunter Clarke-Fields MSAE, Carla Naumburg PhD
- 5. No-Drama Discipline The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (2016) by Daniel J. Siegel, Tina Payne Bryson
- 6. Peaceful Parent, Happy Kids How to Stop Yelling and Start Connecting (2012) by Laura Dr. Markham
- 7. The Conscious Parent Transforming Ourselves, Empowering Our Children (2010) by Dr. Shefali Tsabary
- 8. What to Expect the First Year (2014) by Heidi Murkoff
- 9. Parenting 14 Gospel Principles That Can Radically Change Your Family (2016) by Paul David Tripp
- 10. How to Talk so Little Kids Will Listen A Survival Guide to Life with Children Ages 2-7 (2017) by Joanna Faber, Julie King
- 11. 1-2-3 Magic Gentle 3-Step Child & Toddler Discipline for Calm, Effective, and Happy Parenting (2016) Thomas Phelan Ph.D.
- 12. Playful Parenting An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence (2002) by Lawrence J. Cohen
- 13. Brain Rules for Baby How to Raise a Smart and Happy Child from Zero to Five (2014) by John Medina
- 14. There's No Such Thing as Bad Weather A Scandinavian Mom's Secrets for Raising Healthy, Resilient, and Confident Kids (2018) by Linda Åkeson McGurk
- 15. The Danish Way of Parenting What the Happiest People in the World Know About Raising Confident, Capable Kids (2016) by Jessica Joelle Alexander, Iben Sandahl
- 16. How To Raise An Adult (2016) by Julie Lythcott-Haims
- 17. The Child Whisperer, The Ultimate Handbook for Raising Happy, Successful, and Cooperative Children (2012) by Carol Tuttle

- 18. The Power of Praying® for Your Adult Children (2014) by Stormie Omartian
- 19. Cribsheet A Data-Driven Guide to Better, More Relaxed Parenting, from Birth to Preschool (2020) by Emily Oster
- 20. Mindful Games Activity Cards 55 Fun Ways to Share Mindfulness with Kids and Teens (2017) by Susan Kaiser Greenland

### **POETRY -** https://reedsy.com/discovery

- 1. The Complete Poems of Emily Dickinson (1924) by Emily Dickinson (1830–1886)
- 2. If Not, Winter: Fragments of Sappho by Sappho, (2003) Translated by Anne Carson
- 3. The Rumi Collection by Rumi (1207–1273), (1999)Translated by Kabir Helminski
- 4. On Love and Barley: Haiku of Basho by Basho (1644-1694), (1986) Translated by Lucien Stark
- 5. The Divine Comedy by Dante Alighieri (1265-1321)
- 6. The Complete Sonnets and Poems by William Shakespeare (1564–1616)
- 7. Leaves of Grass by Walt Whitman (1819–1892)
- 8. John Donne's Poetry by John Donne (1572–1631)
- 9. Complete Writings by Phyllis Wheatley (1753-1784)
- 10. The Flowers of Evil by Charles Baudelaire (1821-1867)
- 11. The Complete Poetry Of Edgar Allan Poe by Edgar Allan Poe (1809-1849)
- 12. Robert Frost's Poems by Robert Frost (1874–1963)
- 13. 100 Selected Poems by E.E. Cummings (1894–1962)
- 14. Selected Poems by Mary Oliver (1935–2019)
- 15. The Complete Poetry by Maya Angelou (1928–2014)
- 16. Migration: New and Selected Poems by W.S. Merwin (1927-2019)
- 17. Selected Poems by Frank O'Hara (1926–1966)
- 18. Selected Poems by Langston Hughes (1901–1967)
- 19. Ariel by Sylvia Plath (1932–1963)
- 20. The Collected Poems by Audre Lorde (1934-1992)

### **READING TO/WITH CHILDREN** - https://time.com/100-best-childrens-books/

**Picture Books and Story Books:** Many clubwomen are involved in volunteer programs reading to children, and many more read to their own children/grandchildren. If you are using this category for ESO credit, please include to whom you are reading and if they enjoyed the book. The following titles are current bestsellers and literary award winners, but you may read and report on any children's book.

- 1. Where the Wild Things Are (1984) by Maurice Sendak
- 2. The Snowy Day (1962) by Ezra Jack Keats
- 3. Goodnight Moon (2007) by Margaret Wise Brown
- 4. Blueberries for Sal (1948) by Robert McCloskey
- 5. Little Bear (2003) by Elsa Holmelund Minarik and Maurice Sendak
- 6. Owl Moon (1987) by Jane Yolen
- 7. The Giving Tree (1964) by Shel Silverstein
- 8. The True Story of the Three Little Pigs (1996) by Jon Scieszka
- 9. Tuesday (2011) by David Wiesner
- 10. Where the Sidewalk Ends: Poems and Drawings (2014) by Shel Silverstein
- 11. Harold and the Purple Crayon (2015) by Crockett Johnson
- 12. Make Way for Ducklings (1941) by Robert McCloskey
- 13. Olivia (2004) by Ian Falconer
- 14. Madeline (1967) by Ludwig Bemelmans
- 15. Anno's Journey (1997) by Mitsumasa Anno
- 16. The Frog and Toad Collection Box Set (2004) by Arnold Lobel
- 17. Click, Clack, Moo Cows That Type (2000) by Doreen Cronin
- 18. The Story of Ferdinand (2011) by Munro Leaf
- 19. Don't Let the Pigeon Drive the Bus! (2003) by Mo Willems
- 20. The Lorax (1971) by Dr. Seuss

# **READING TO/WITH** CHILDREN - https://www.scholastic.com/parents/books-and-reading/book-lists-and-recommendations/favorites-classics/timeless-chapter-books-kids.html

## Chapter Books and Books for Youth

- 1. Becoming Naomi Leon (2005) By Pam Muñoz Ryan
- 2. Harry Potter Books 1-7 Special Edition Boxed Set (2018) By J. K. Rowling
- 3. Classic Goosebumps #01: Night of the Living Dummy (2008) By R. L. Stine
- 4. Holes (Holes Series) (2000) by Louis Sachar
- 5. Mr. Popper's Penguins (1938) Book by Florence Atwater and Richard Atwater
- 6. Hunger Games 4-Book Hardcover Box Set (The Hunger Games, Catching Fire, Mockingjay, The Ballad of Songbirds and Snakes) (2020) by Suzanne Collins
- 7. Goosebumps Retro Scream Collection: Limited Edition Tin (2015) by R. L. Stine
- 8. Where the Red Fern Grows (1996) by Wilson Rawls
- 9. Number The Stars (2011) by Lois Lowry
- 10. The Trouble Begins: A Box of Unfortunate Events, Books 1-3 (The Bad Beginning; The Reptile Room; The Wide Window) Box set (2001) by Lemony Snicket (Author), Brett Helquist
- 11. To Kill a Mockingbird (1988) by Harper Lee
- 12. Esperanza Rising (2002) by Pam Muñoz Ryan
- 13. The Parker Inheritance (2018) by Varian Johnson
- 14. Kristy's Great Idea: The Baby-sitters Club #1 (2015) by Ann M. Martin
- 15. The Baby-Sitters Club #1-12 Collection (1986-2000) By Ann M. Martin
- 16. Dragon Masters #1: Rise of the Earth Dragon (2014) By Tracey West
- 17. The One and Only Ivan (2012) By Katherine Applegate
- 18. My Side of the Mountain (1959) By Jean Craighead George
- 19. Keep It Together, Keiko Carter (2020) By Debbi Michiko Florence
- 20. Percy Jackson and the Olympians Series #1: The Lightning Thief (2014) By Rick Riordan

## **RELIGION AND INSPIRATION - https://www.ranker.com/**

- 1. Mere Christianity (1952) by C. S. Lewis
- 2. The Bible
- 3. The Chronicles of Narnia (2004) by C.S. Lewis and Pauline Baynes
- 4. The Purpose Driven Life: What on Earth Am I Here For? (2002) By Rick Warren
- 5. Redeeming Love (2007) by Francine Rivers
- 6. Crazy Love (2013) by Francis Chan
- 7. The Pilgrim's Progress (1678-1684) by John Bunyan
- 8. Siddhartha (1981) by Hermann Hesse
- 9. The Shack: Where Tragedy Confronts Eternity (2007) by William P. Young
- 10. Mark of the Lion (1993) by Francine Rivers
- 11. The Case for Christ (1998) by Lee Strobel
- 12. In His Steps (2018) by Charles Sheldon
- 13. Blessed Child (2001) by Ted Dekker
- 14. Chicken Soup for the Soul
- 15. The Last Battle (2002) by C. S. Lewis
- 16. Arizona Redemption (2011) by SQ Eads
- 17. The King James Bible (2000) by Phyllis Corzine
- 18. Fire Proof (1999) by Suzanne Collins
- 19. Blue Like Jazz (2003) by Don Miller
- 20. Faith in a seed (1996) by Henry David Thoreau

## **SCIENCE -** http://www.listmuse.com/100-best-science-books-time.php

- 1. The Origin of Species (1859) by Charles Darwin
- 2. QED: The Strange Theory of Light and Matter (1985) by Richard Feynman
- 3. On Growth and Form (1917) by D'Arcy Wentworth Thompson
- 4. Ideas And Opinions (1954) by Albert Einstein
- 5. Double Helix (2000) by James D. Watson
- 6. Lives of a Cell (1974) by Lewis Thomas
- 7. The Structure of Scientific Revolutions (1962) by Thomas Kuhn
- 8. Knowledge and Wonder: Natural World as Man Knows It (1979) By Victor Weisskopf
- 9. What Evolution Is (2001) by Ernst Mayr
- 10. The Superorganism: The Beauty, Elegance, and Strangeness of Insect Societies (2009) by E. O. Wilson; Bert Holldobler
- 11. The Selfish Gene (1976) by Richard Dawkins
- 12. To Explain the World: The Discovery of Modern Science (2015) by Steven Weinberg
- 13. The Music of Life: Biology Beyond Genes (2006) by Denis Noble
- 14. A Brief History of Time (1988) by Stephen Hawking
- 15. Godel, Escher, Bach (1979) by Douglas R. Hofstadter
- 16. King Solomon's Ring (1949) by Konrad Lorenz
- 17. What is Life? (1944) by Erwin Schrodinger
- 18. The Making of the Atomic Bomb (1986) by Richard Rhodes
- 19. The Elegant Universe (1999) by Brian Greene
- 20. Atkins' Molecules (1967) by Peter Atkins

## **SOCIAL SCIENCE -** https://www.aboutgreatbooks.com/topics/social-science/sociology/

- 1. The Mismeasure of Man (1980) by Stephen Jay Gould
- 2. The Portable Jung (1976) by Carl Jung
- 3. The Upside of Irrationality: The Unexpected Benefits of Defying Logic at Work and at Home (2010) by Dan Ariely
- 4. Man's Search for Meaning (1946) by Victor Frankl
- 5. David and Goliath: Underdogs, Misfits, and the Art of Battling Giants (2013) by Malcolm Gladwell
- 6. Liespotting: Proven Techniques to Detect Deception (2010) by Pamela Meyer
- 7. The (Honest) Truth About Dishonesty: How We Lie to Everyone Especially Ourselves (2012) by Dan Ariely
- 8. Outliers (2008) by Malcolm Gladwell
- 9. Prozac Nation (1994) by Elizabeth Wurtzel
- 10. Amusing Ourselves to Death: Public Discourse in the Age of Show Business (1985) by Neil Postman
- 11. The True Believer: Thoughts on the Nature of Mass Movements (1951) by Eric Hoffer
- 12. When Breath Becomes Air (2016) by Paul Kalanithi
- 13. The Tipping Point: How Little Things Can Make a Big Difference (2000) by Malcolm Gladwell
- 14. Stiff: The Curious Lives of Human Cadavers (2003) by Mary Roach
- 15. The Confidence Game: Why We Fall For It... Every Time (2016) by Maria Konnikova
- 16. \$2.00 a Day: Living on Almost Nothing in America (2015) by Kathryn J. Edin
- 17. Gang Leader for a Day: A Rogue Sociologist Takes to the Street (2008) by Sudhir Venkatesh
- 18. Sociopathic Society: A People's Sociology of the United States (2013) by Charles Derber
- 19. Freakonomics: A Rogue Economist Explores the Hidden Side of Everything (2005) by Steven D. Levitt and Stephen J. Dubner
- 20. The Sociopath Next Door (2005) by Martha Stout

## **SPORTS AND RECREATION - https://www.esquire.com/**

- 1. Barbarian Days: A Surfing Life (2015) by William Finnegan
- 2. Blood Horses: Notes of a Sportswriter's Son (2004) by John Jeremiah Sullivan
- 3. Land of Second Chances: The Impossible Rise of Rwanda's Cycling Team (2013) by Tim Lewis
- 4. Football Against The Enemy (1994) by Simon Kuper
- 5. Touching The Void (1988) by Joe Simpson
- 6. A Good Walk Spoiled: Days And Nights On The PGA Tour (1995) by John Feinstein
- 7. Addicted (1998) by Tony Adams
- 8. Paper Lion (1966) by George Plimpton
- 9. Pocket Money (1986) by Gordon Burn
- 10. Provided You Don't Kiss Me: 20 Years With Brian Clough (2007) by Duncan Hamilton
- 11. I Think Therefore I Play (2013) by Andrea Pirlo
- 12. Laughing in the Hills (1980) by Bill Barich
- 13. Ball Four (1970) by Jim Bouton
- 14. The Damned Utd (2006) by David Peace
- 15. Muhammad Ali by various
- 16. Slaying the Badger: LeMond, Hinault and the Greatest Ever Tour de France (2011) by Richard Moore
- 17. Open (2009) by Andre Agassi
- 18. All Played Out (1990) by Pete Davies
- 19. Chinaman (2011) by Shehan Karunatilaka
- 20. Mystery Spinner: the Story of Jack Iverson (2002) by Gideon Haigh

### STEM Books for Adults - https://www.goodreads.com

This list is provided for adults to read and learn about STEM related topics or it is a book to help adults provide activities for children to complete.

- 1. Rosie Revere, Engineer (2019) by Andrea Beaty
- 2. A Brief History of Time (1998) by Stephen Hawking
- 3. Astrophysics for People in a Hurry (2017 by Neil de Grasse Tyson
- 4. Ada Twist, Scientist (2021) by Andrea Beaty
- 5. The Immortal Life of Henrietta Lacks (2011 by Rebecca Skloot
- 6. The Most Magnificent Thing (2013) by Ashley Spires
- 7. What If? Serious Scientific Answers to Absurd Hypothetical Questions (2014) by Randall Munroe
- 8. Iggy Peck, Architect (2017) by Andrea Beaty
- 9. Stiff: The Curious Lives of Human Cadavers (2021) by Mary Roach
- 10. Hidden Figures (2016) by Margot Lee Shetterly
- 11. How to Code a Sandcastle (2018) by Josh Funk
- 12. A Short History of Nearly Everything (2004) by Bill Bryson
- 13. Gödel, Escher, Bach: An Eternal Golden Braid (1999) by Douglas R. Hofstadter
- 14. The Love Hypothesis (2021) by Ali Hazelwood
- 15. Jabari Tries (2020) by Gaia Cornwall
- 16. Lab Girl (2016 by Hope Jahren
- 17. Counting on Katherine: How Katherine Johnson Saved Apollo 13 (2018) by Helaine Becker
- 18. Grace Hopper: Queen of Computer Code (2017) by Laurie Wallmark
- 19. Algorithms to Live By: The Computer Science of Human Decisions (2016) by Brian Christian
- 20. The Selfish Gene (1940) by Richard Dawkins

## STEM Books for Children - https://www.nsta.org/beststem22

- 1. Amara and the Bats (2021) by Emma Reynolds
- 2. Artificial Intelligence (2021) by Dinah Williams
- 3. Benoit Mandelbrot: Reshaping the World (2021) by Robert Black
- 4. Bicycle: Eureka! The Biography of an Idea (2021) by Lori Haskins Houran
- 5. A Shot in the Arm: Big Ideas that Changed the World #3 (2021) by Don Brown
- 6. Bones Unearthed (Creepy and True #3) (2021) by Kerrie Logan Hollihan
- 7. Building Zaha: The Story of Architect Zaha Hadid (2020) by Victoria Tentler-Krylov
- 8. Classified: The Secret Career of Mary Golda Ross, Cherokee Aerospace Engineer (2021) by Traci Sorell
- 9. Code Breaker, Spy Hunter: How Elizebeth Friedman Changed the Course of Two World Wars (2021) by Laurie Wallmark
- 10. Cougar Crossing: How Hollywood's Celebrity Cougar Helped Build a Bridge for City Wildlife (2021) by Meeg Pincus
- 11. Eat Bugs! #1: Project Startup (2021) by Heather Alexander
- 12. Einstein: The Fantastic Journey of a Mouse Through Space and Time (2021) by Torben Kuhlmann
- 13. From Here to There: Inventions That Changed the Way the World Moves (2021) by Vivian Kirkfield
- 14. Glasses: Eureka! The Biography of an Idea (2021) by Lori Haskins Houran
- 15. The Great Stink: How Joseph Bazalgette Solved London's Poop Pollution Problem () by Colleen Paeff
- 16. Lady Bird Johnson, That's Who!: The Story of a Cleaner and Greener America (2021) by Tracy Nelson Maurer
- 17. The Leaf Detective: How Margaret Lowman Uncovered Secrets in the Rainforest (2021) by Heather Lang
- 18. A Life Electric: The Story of Nikola Tesla (2021) by Azadeh Westergaard
- 19. Light Bulb: Eureka! The Biography of an Idea (2021) by Kathleen Weidner Zoehfeld
- 20. Look, Grandma! Ni, Elisi! (2021) by Art Coulson

## TRAVEL - https://www.cntraveler.com

- 1. Along the Ganges (2006) by Ilija Trojanow
- 2. Among the Cities (1985) by Jan Morris
- 3. Arabian Sands (1959) by Wilfred Thesiger
- 4. An Area of Darkness (1965) by V. S. Naipaul
- 5. Arctic Dreams (1986) by Barry Lopez
- 6. As They Were (1982) M.F.K. Fisher
- 7. A Barbarian in Asia (1933) by Henri Michaux
- 8. The Baron in the Trees (1957) by Italo Calvino
- 9. The Bird Man and the Lap Dancer (2004) by Eric Hansen
- 10. Black Lamb and Grey Falcon (1942) by Rebecca West
- 11. Blue Highways (1982) by William Least Heat-Moon
- 12. Chasing the Monsoon (1993) by Alexander Frater
- 13. Chasing the Sea (2003) by Tom Bissell
- 14. Corregidora (1975) by Gayl Jones
- 15. Cross Country (2006) by Robert Sullivan
- 16. Dark Star Safari (2003) by Paul Theroux
- 17. Democracy in America (1835) by Alexis de Tocqueville
- 18. Down and Out in Paris and London (1933) by George Orwell
- 19. Down the Nile: Alone in a Fisherman's Skiff (2007) by Rosemary Mahoney
- 20. Eat, Pray, Love (2007) by Elizabeth Gilbert

### **GEOGRAPHY - https://bookauthority.org/**

- 1. Barron's AP Human Geography, 7th Edition (2018) by Meredith Marsh Ph.D. and Peter S. Alagona Ph.D.
- 2. A History of Canada in Ten Maps: Epic Stories of Charting a Mysterious Land (2017) by Adam Shoalts
- 3. Atlas of the World (2019) Octopus by Publishing Group Limited, Keith Lye, Wil Tirion
- 4. Maine Atlas & Gazetteer (2013) by Delorme
- 5. Spectrum Grade 5 Geography Workbook—5th Grade State Standards for Ecology, Events in History, Social Studies With Answer Key for Classroom or Homeschool (2015) by Spectrum
- 6. Maps of the United Kingdom (2018) by Rachel Dixon, Ms. Livi Gosling
- 7. Great City Maps A Historical Journey Through Maps, Plans, and Paintings (2016) by DK, Smithsonian Institution
- 8. Amazing World Atlas Bringing the World to Life (2014) by Lonely Planet Kids
- 9. Atlas of the World (2018) by Oxford University Press
- 10. Geography History and Concepts (2018) by Arild Holt-Jensen
- 11. The Geography of South Africa Contemporary Changes and New Directions (2018) by Jasper Knight, Christian M. Rogerson
- 12. Maps (1996) by Andrew Haslam
- 13. The Gleaner Geography & History of Jamaica (1988) by Gleaner
- 14. National Geographic Learning's Visual Geography of Travel and Tourism (2014) by Jan van Harssel, Richard H Jackson, Lloyd E. Hudman
- 15. World History and Geography, Student Edition (2013) by McGraw Hill
- 16. Mountain Geography Physical and Human Dimensions (2013) by Martin F. Price, Alton C. Byers, Donald A. Friend, Thomas Kohler
- 17. Zondervan Atlas of the Bible (2010) by Carl G. Rasmussen
- 18. Student World Atlas, 9th Edition The Ultimate Reference for Every Student (2010) by DK
- 19. Let's Review Global History and Geography (2012) by Mark Willner
- 20. AP Study Guide to accompany Human Geography People, Place, and Culture (2012) by Erin H. Fouberg, Alexander B. Murphy, Harm J. de Blij

#### VOLUNTEERISM - amazon.com

- 1. 3 Minute Positivity Journal: Boost Your Mood. Train Your Mind. Change Your Life (2021) by Kristen Butler
- 2. Novel Problems: Some books should stay buried! (2021) by George T Morrison
- 3. It's Up to Us: Building a Brighter Future for Nature, People & Planet (The Children's Terra Carta) (2022) by His Royal Highness The Prince of Wales, Christopher Lloyd, et al
- 4. Chicken Soup for the Soul: Volunteering & Giving Back: 101 Inspiring Stories of Purpose and Passion (2015) by Amy Newmark and Carrie Morgridge
- 5. Cramm This Book: So You Know WTF Is Going On in the World Today (2022) by Olivia Seltzer
- 6. HumanKind: Changing the World One Small Act At a Time (2020) by Brad Aronson
- 7. Philanthropy Revolution: How to Inspire Donors, Build Relationships and Make a Difference (2020) by Lisa Greer and Larissa Kostoff
- 8. Born on the Fourth of July: 40th Anniversary Edition (2016) by Ron Kovic
- 9. This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work (Empower the Future) (2020) by Tiffany Jewell
- 10. On the Other Side: Life Changing Stories from Under the Bridge (2010) by Candy Christmas
- 11. Cottage on Gooseberry Bay: Gooseberry Christmas (2020) by Kathi Daley
- 12. Unstoppable: Siggi B. Wilzig's Astonishing Journey from Auschwitz Survivor and Penniless Immigrant to Wall Street Legend (2021) by Joshua M. Greene and Deborah E. Lipstadt
- 13. How to Start a 501(C)(3) Nonprofit: Step-By-Step Guide To Legally Start, Grow and Run Your Own Non Profit in as Little as 30 Days While Avoiding the Common Pitfalls That New Startups Encounter (2021) by Small Footprint Press
- 14. Sixty Years of Volunteering on the Talyllyn Railway (Railway Heritage) (2011) by Nigel Adams
- 15. Over the Hill and On the Road: Combining Volunteer Work with Travel makes for a Fulfilling Retirement (2021) by Stan Klein
- 16. Chicken Soup for the Volunteer's Soul: Stories to Celebrate the Spirit of Courage, Caring and Community (2012) by Canfield, Jack, Mark Victor Hansen, Arline Oberst, John Boal, and Tom Lagana.
- 17. 365 Ideas for Recruiting, Retaining, Motivating and Rewarding Your Volunteers: A Complete Guide for Non-Profit Organizations (2010) by Sunny Fader
- 18. The Heart of a Volunteer (2004) by Dan Zadra

- 19. The Moment of Lift: How Empowering Women Changes the World (2021) by Melinda Gates
- 20. You are the Team (2017) by Michael Rogers

#### Books on Volunteerism for Children:

- 1. The Can Man (2010) by Laura E. Williams, illustrated by Craig Orback
- 2. The Littlest Volunteers (2007) by Danielle Speckhart
- 3. The Mitten Tree (2009) by Candace Christiansen, illustrated by Elaine Greenstein
- 4. Uncle Willie and the Soup Kitchen (1997) by Dyanne DiSalvo-Ryan and Mira Reisberg
- 5. If Everybody Did (1960) by Jo Ann Stover

### WOMEN'S STUDIES - https://www.amazon.com/gp/bestsellers/books/11325

- 1. I Feel Bad About My Neck (2006) by Nora Ephron
- 2. Quit Like a Woman: The Radical Choice to Not Drink in a Culture Obsessed with Alcohol (2021) by Holly Whitaker
- 3. Come As You Are: Revised and Updated: The Surprising New Science That Will Transform Your Sex Life (2021) by Emily Nagoski
- 4. Burnout: The Secret to Unlocking the Stress Cycle (2020) by Emily Nagoski PhD
- 5. Emma y las otras señoras del narco / Emma and Other Narco Women (Spanish Edition) (2022) by Anabel Hernandez
- 6. Expecting Better: Why the Conventional Pregnancy Wisdom Is Wrong--and What You Really Need to Know (2014) by Emily Oster
- 7. Quit Like a Woman: The Radical Choice to Not Drink in a Culture Obsessed with Alcohol (Audible Audiobook Unabridged) (2021) by Holly Whitaker
- 8. The Immortal Life of Henrietta Lacks (2011) by Rebecca Skloot
- 9. Women Who Run with the Wolves: Myths and Stories of the Wild Woman Archetype (1996) by Clarissa Pinkola Estés
- 10. Come As You Are: Revised and Updated: The Surprising New Science That Will Transform Your Sex Life (Audible Audiobook Unabridged) (2021) by Emily Nagoski
- 11. Emma y las otras señoras del narco / Emma and Other Narco Women (Spanish Edition) (Audible Audiobook Unabridged) (2022) by Anabel Hernandez
- 12. Moms on Call | Basic Baby Care 0-6 Months | Parenting Book 1 of 3 (2006) by Laura Hunter LPN and Jennifer Walker RN BSN
- 13. Burnout: The Secret to Unlocking the Stress Cycle (Audible Audiobook Unabridged) (2019) by Emily Nagoski (Author, Narrator), Amelia Nagoski (Author, Narrator)
- 14. My Body (2021) by Emily Ratajkowski
- 15. Fervent: A Woman's Battle Plan to Serious, Specific and Strategic Prayer (2015) by Priscilla Shirer
- 16. In Order to Live: A North Korean Girl's Journey to Freedom (Kindle Edition) (2015) by Yeonmi by Park and Maryanne Vollers
- 17. The Radium Girls: The Dark Story of America's Shining Women (Kindle Edition) (2017) by Kate Moore
- 18. The Lost Daughter (Kindle Edition) (2018) by Elena Ferrante
- 19. Mayo Clinic Guide to a Healthy Pregnancy: 2nd Edition: Fully Revised and Updated (2018) by Dr. Myra J. Wick M.D. Ph.D.
- 20. Women Who Run with the Wolves: Myths and Stories of the Wild Woman Archetype (Audible Audiobook Abridged) (1996) by Clarissa Pinkola Estes

### WORLD HISTORY https://bookauthority.org/books/best-world-history-books

- 1. The Silk Roads A New History of the World (2017) by Peter Frankopan
- 2. India in the Persianate Age 1000–1765 (2019) by Richard M. Eaton
- 3. The Darkening Age The Christian Destruction of the Classical World (2018) by Catherine Nixey
- 4. The Patient Assassin A True Tale of Massacre, Revenge and the Raj (2020) by Anita Anand
- 5. World History Preparing for the Advanced Placement Examination (2017)
- 6. The Ocean of Churn How the Indian Ocean Shaped Human History (2017) by Sanjeev Sanyal
- 7. Napoleon The Great (2015) by Andrew Roberts
- 8. A Short History of Nearly Everything (2004) by Bill Bryson

- 9. The Global Age Europe 1950-2017 (2020) by Ian Kershaw
- 10. Wild Swans Three Daughters of China (2003) by Jung Chang
- 11. Silk Roads (2018) by Peter Frankopan, Neil Packer
- 12. The Kingfisher History Encyclopedia (2012) by Editors of Kingfisher
- 13. The Official SAT Subject Test in U.S. History Study Guide (2017) by The College Board
- 14. The People's Republic of Amnesia Tiananmen Revisited (2015) by Louisa Lim
- 15. Mastering AP Modern World History A Skills Guide for Teachers (2019) by Chris Peek, Kate Nocca, Lauren Ortega
- 16. Bright Shades A New Historical Non-Fiction Book about Spy Women from Ancient Times to Present Days (2019) by Sara Blakely
- 17. When Rocks Cry Out (2009) by Horace Butler
- 18. Sapiens A Brief History of Humankind (2018) by Yuval Harari
- 19. The History of the Renaissance World From the Rediscovery of Aristotle to the Conquest of Constantinople (2013) by Susan Wise Bauer
- 20. The War Within Diaries from the Siege of Leningrad (2017) by Alexis Peri

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